

# Sample Communion Lunch Menu

## **TO START**

Vol au Vent tender chicken pieces, mushroom, leek, tarragon, cream, puff pastry case (G)(SS)(MK)(MD)

> Baked Beetroot Salad goats cheese curd, candied pecans, baby rocket leaf (ss)(мк)(мD)©

> > Soup of the Day homemade brown bread, Irish butter (G)(МК)©

### MAINS

**Traditional Turkey and Kilkenny Ham** honey glazed ham, roast turkey crown, sage stuffing, cranberry jus (G)(МК)(SP)©

> Herb Crusted Hake buttered Samphire, fine vegetable tomato bisque (G)(МК)(F)©

Roast Sirloin of Beef yorkshire pudding, champ, red wine jus (G)(SP)(МК)(СҮ)©

(all main courses served with market vegetables and potato)

## DESSERT

Mango Cheesecake fruit coulis (G)(MK)(E)(SP)

Sticky Toffee Pudding vanilla ice cream, caramel sauce (G)(E)(MK)(N)

Warm Apple Crumble vanilla ice cream, creme anglaise (E)(G)(МК)

Tea/Coffee

€40 per person

#### ALLERGEN INDEX

G = Gluten, C = Crustaceans, E = Eggs, F = Fish, M = Molluscs, S = Soyabeans, SP = Sulphites, P = Peanuts, MK = Milk, CY = Celery MD = Mustard, SS = Sesame Seeds, L = Lupin, N = Nuts © = Coeliac Option Available

Our Beef is certified Irish origin